MAGNETIC RESONANCE IMAGE RECONSTRUCTION USING INCEPTION-BASED CONVOLUTIONAL NEURAL NETWORK

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ABSTRACT

Magnetic resonance imaging (MRI) is one of the best imaging techniques that produce high-quality images of objects. The long scan time is one of the biggest challenges in MRI acquisitions. To address this challenge, many researchers have aimed at finding methods to speed up the process. Faster MRI can reduce patient discomfort and motion artifacts. Many reconstruction methods are used in this matter, like deep learning-based MRI reconstruction, parallel MRI, and compressive sensing. Among these techniques, the convolutional neural network (CNN) generates high-quality images with faster scan and reconstruction procedures compared to the other techniques. The Inception module proposed by Google inspires the algorithm of this study for MRI reconstruction. In other words, we introduce a new MRI U-Net modification by using the Inception module. Our method is more flexible and robust compared to the standard U-Net.

KEYWORDS

Magnetic Resonance Imaging, Convolutional Neural Network, Fast Fourier Transform, Inception Module, U-Net, Deep Learning, Machine Learning, Low Frequency, Mean Square Error, Structural Similarity Index Measure & Peak Signal-to-Noise Ratio

1. INTRODUCTION

Magnetic Resonance Imaging (MRI) is an imaging modality that takes advantage of the proton density of the hydrogen atoms inside the objects [4]. MRI acquires signals from spinning protons that are caused by a magnetic field [5]. Although damaging ionizing radiation like x-ray is not used in MRI, the duration of MRI scan time is so long that it limits its application [6-7]. The long time of the MRI scan increases patient discomfort, generates motion artifacts, and increases the medical cost [8]. MRI acquires the data and encodes it in a frequency domain, k-space. MRI acquires each line in k-space at the time. As scanning these lines in k-space individually is time-consuming, researchers have made many efforts to skip some signals in k-space to speed up MRI. Skipping the signals results in the serious consequence of Nyquist criterion violation and causes artifacts in reconstructed images [9]. There are techniques like Compressed Sensing MRI and Parallel MRI which show good results in reconstructing the original image. Parallel MRI works with an array of multiple receiver coils by receiving much less amount of k-space data [1], [7], [10-11]. MRI acceleration includes two parts of subsampling and reconstruction. The goal of MRI acceleration is to find an optimal reconstruction function f. The function f represents $\mathcal{Y}_s \rightarrow \mathcal{Y}$, $\mathcal{Y}_s \rightarrow \mathcal{Y}$, which $\mathcal{Y}_s$ is the reconstructed image with undersampling artifacts and $\mathcal{Y}$ is the reconstructed image [12]. In Figure 1, the fully sampled k-space data is shown as $x_{\text{full}}$ and $x$ is

David C. Wyld et al. (Eds): NIAI, MoWiN, AIAP, SIGML, CNSA, ICCIoT - 2023
pp. 81-94, 2023. CS & IT - CSCP 2023
DOI: 10.5121/csit.2023.130307
undersampled data in k-space. If x is undersampled, y will be corrupted images, and if x is fully sampled, then y will be an image with no artifact. The inverse Fourier transform of \( x_{\text{full}} \) produces y, which is an artifact-free reconstructed MRI image. This figure shows the general strategy and the flow of the undersampled MRI reconstruction problem [12].

![Diagram of undersampled MRI reconstruction](image)

Figure 1. The strategy of the undersampled MRI reconstruction problem.

In this figure, \( F \) represents the Fourier transform and \( F^{-1} \) represents the inverse Fourier transform. We can use deep learning models as a reconstruction strategy to remove artifacts from the corrupted images. Undersampled data causes these artifacts in corrupted images. U-Net is one of the convolutional neural networks that is able to reconstruct reference images [12]. Moreover, U-Net can work as the function \( \hat{f} \) with some parameters. The model trains these parameters during the training procedure. This reconstruction function \( \hat{f} \) helps to find a reconstructed image y from the aliased image \( y_s \).

We use Mean square error (MSE), normalized mean square error (NMSE), structural similarity index measure (SSIM), and peak signal-to-noise ratio (PSNR) to evaluate our model. Moreover, we improve scan speed by 3.2 times. We show that the proposed architecture in this work creates a better-reconstructed image compared to the standard U-Net. The U-Net architecture employs encoding and decoding sections in order to reduce complexity. Reducing complexity prevents overfitting in the network and, consequently, improves image quality.

The rest of this paper is as organized as follows. In section 2 we discuss background. In section 3 we review our proposed methodology. In section 4, we discuss the experimental results. In section 5 we offer concluding remarks.

2. BACKGROUND

2.1. UNDERSampling

In order to accelerate the MRI scan procedure, one of the approaches is undersampling the data [12]. Undersampling reduces the amount of data in k-space and results in information loss. According to the Nyquist criterion, the scan frequency should be twice the expected maximum frequency [9]. However, undersampling does not meet this criterion as for undersampling we skip some of the signals in the k-space. Therefore, it leads to artifacts appearing in images called
aliasing artifacts. Recovering the missed signals can be done in the frequency or image domains. In this study, we focus on the image domain and try to recover reference images from corrupted images caused by undersampling artifacts. In order to obtain images from the frequency domain dataset, we need a transformation technique. As we do the sampling in the Cartesian scheme, we use fast Fourier transformation (FFT) [4].

MRI reconstruction in deep learning-based image reconstruction is a method of reconstructing the original image from undersampled data [4]. There are different methods of reconstructing the images from corrupted images like deep learning-based MRI reconstruction, parallel MRI, and compressive sensing [4], [13]. These image reconstruction methods show that undersampling can speed up the procedure of MRI scans by using a large training dataset [4]. The goal is to minimize the loss function for reconstructing the original image from corrupted images [4].

2.2. U-Net

U-Net is used for Biomedical Image Segmentation [14]. U-Net network is a fully Convolutional Neural Network (CNN) that uses kernels. The network trains the weights of the kernels during the training procedure [15]. U-Net is a U-shaped network that includes encoder and decoder sections and uses down-sampling and up-sampling strategies. In the down-sampling operation, we decrease the spatial dimensions and increase the feature channels (the number of filters). However, in the up-sampling procedure, we increase the spatial dimensions, and reduce the number of filters [14]. Figure 2 shows one example of a U-Net architecture.

In this network, there are two 3×3 convolutions in each encoder block. We use an activation function like Rectified Linear Unit (ReLU) after each convolution for better generalization of the training data [16]. The output of each encoder block can get concatenated with the decoder block on the other side of the network [14]. The goal of concatenation or skip connections in U-Net is to prevent information loss and make the output richer. As the encoding blocks have more information about the images, the output of the encoding blocks can be concatenated to the input of the decoding blocks with the same size of the images to prevent information loss. Figure 2 shows the architecture of a U-Net used in MRI reconstructions [12].

![Figure 2. The architecture of the U-Net. [12]](image-url)
2.3. Inception Module

In deep learning study, there is always a question of which combination of convolutions can be used to get the best result [17]. Different architectures use convolutions with different kernel sizes to extract features from the images. Each kernel can play a different role in designing the networks. For example, $1 \times 1$ convolution means convolution with a kernel size $1 \times 1$. This is fast and needs less memory but cannot solve complicated problems. On the other hand, $5 \times 5$ convolutions involve so many multiplications. They need more parameters but is computationally expensive with regards to the number of parameters it adds to the function. Therefore, using a combination of convolutions and pooling layers in various convolutional blocks can benefit from all the convolutions used in the network [18]. This combination of convolutions and max-pooling layers helps to reduce computation costs while using memory more efficiently. The Inception module was first proposed in GoogLeNet [3]. After that, researchers used this module in different applications, including Alzheimer’s disease diagnosis [19]. The idea behind the Inception module is to make the architecture wider instead of deeper. Deeper architectures tend to overfit. By combining different convolutions in just one layer, the model is able to extract more information from the images.

Figure 3 illustrates one example of Inception block [12]. Using the combination of the convolutions and pooling layers in a block helps to extract more information from the images, which leads to better reconstructed images [18]. Figure 3 is one of the examples of an Inception block and can be the combination of any of convolution layers or max pooling layers. In this study we combine $3 \times 3$ convolutions with $5 \times 5$ convolutions.

3. METHODOLOGY

3.1. Proposed Methodology

In MRI reconstructions, researchers use different deep learning algorithms [4]. U-Net is one of the practical and straightforward techniques in MRI reconstruction as it removes most of the folding artifacts. In this study, we use the Inception module integrated with U-Net. Inception module has been studied in Image classification and object detection, however, to the best of our
knowledge, researchers have not studied the application of the Inception module in U-Net for MRI reconstruction.

In this study, we use an inspired Inception module integrated with the U-Net model for the architecture. Combining different convolutions in various convolutional blocks helps to reduce computation costs and increase the quality of the undersampled image [18]. Figure 4 shows the architecture of the proposed model. The architecture shows how we use the Inception module in the U-Net. We combine 5×5 convolutions with 3×3 convolutions into two blocks. Then, the combination of convolution layers can be concatenated or summed.

Figure 4. The architecture of proposed methods.

Figure 4 shows what the inspired Inception module looks like. Instead of having a simple 3×3 convolution, we have a combination of 3×3 and 5×5 convolutions. The architecture seems complicated, but in the end, the total number of parameters, errors, and image distortion is smaller than the standard U-Net. The combination of these convolution layers and max-pool layers can be added in each of the blocks in both encoder and decoder and we can make the architecture wider than this. In encoder path we have max-pool layer with strides (2,2) which half the size of the images, and then in decoder path we apply up-sample with strides (2,2) which double the size of the images as we need the output images to be the same size of the input images.

3.2. Dataset

The dataset is obtained from the NYU fastMRI database [21-23]. NYU fastMRI investigators provided data but did not participate in the analysis or writing of this paper [21-23]. The dataset includes raw k-space data in two types of MRI scans: knee MRIs and brain (neuro) MRIs. The brain dataset comprises 6,970 T1, T2, and FLAIR fully sampled k-space which obtained on 1.5 and 3 Tesla magnets and consists of multi-channel data with the sizes 320, 320, 16, 16 (phase encoding, frequency encoding, slices, channels) [21-23]. The number of each imaging scans of the brain raw dataset is shown in table 1. In this study, we only use the T2 brain dataset with 1500 data for training and 450 data for testing.
Table 1. The fastMRI NYU Brain dataset (https://fastmri.med.nyu.edu/)

<table>
<thead>
<tr>
<th>Field Strength</th>
<th>1.5T</th>
<th>3T</th>
</tr>
</thead>
<tbody>
<tr>
<td>T1</td>
<td>382</td>
<td>409</td>
</tr>
<tr>
<td>T1 post contrast</td>
<td>849</td>
<td>646</td>
</tr>
<tr>
<td>T2</td>
<td>1655</td>
<td>2524</td>
</tr>
<tr>
<td>FLAIR</td>
<td>126</td>
<td>411</td>
</tr>
<tr>
<td>Total</td>
<td>3012</td>
<td>3990 7002</td>
</tr>
</tbody>
</table>

3.3. Data Preparation

This study uses the T2 brain single channel dataset. The T2 dataset includes 2250 fully sampled k-spaces. We use IFFT to produce the images from fully sampled data and generate the target images or the ground truth. On the encoding section of the architecture, we need corrupted images for the inputs. Therefore, we do undersampling on the fully sampled data to reduce the amount of data for generating the corrupted images. For undersampling, there are different techniques like Cartesian, Radial and Spiral to store data in the K-space. We use Cartesian sub-sampling which fills the K-space row by row. The center signals have the highest energy and the most important information of the image. Therefore, we add the high-energy signals or namely low-frequency (LF) signals, in the center of the k-space to preserve the information on the location of the small anomalies [12].
Figure 5 shows the differences between low frequency components and high frequency components in the k-space. Low frequency components are located in the center of k-space and high frequency components are located in the peripheries of k-space. The center of k-space has information about contrast, brightness, and general shapes, while peripheries have information about edges and details. Therefore, the center of k-space has more energy and information about images.

As the images are large with the size of 320×320, in order to reduce the computation time and cost, the magnitude images are cropped to 256 by 256. We do sub-sampling in the phase encoding direction by 4 as the goal is to speed up the scan by 4. Therefore, we generate 64×256 images from 256×256 images.

In the k-space matrix, there are two directions which are called phase and frequency directions. The phase-encoding direction is along the y-axis in k-space and the frequency-encoding direction is along the x-axis in K-space. Once we add 8% and the other time, 20% of the acquired lines in the phase encoding direction to the center as the low frequency. We need these lines in the phase encoding direction to recognize the location of the missed small object due to the aliasing effect. The data will be zero-filled after undersampling to increase the dimensions. Then we use IFFT to produce the corrupted images with an undersampling artifact [4]. The obtained aliased images will work as the inputs, and the targets are the images constructed from IFFT of the full k-space [21-23], [4].
3.4. Implementation & Evaluation

3.4.1. Implementation

In this study, we use Python 3.8 for the programming and implement CNN with TensorFlow 2.4 [4], [24]. The long run time is one of the challenges in this work which per run took around 3 days. We used a personal computer with Processor Intel Core i7-4790 CPU 3.60 GHz, 16GB Ram.

After taking the Fast Fourier Transform (FFT), we apply undersampling by 4 with a uniform undersampling pattern [4]. In the center of the k-space, 8% of the phase encoding signals that are equal to the low-frequency signals will remain during the undersampling. The decoding section is the mirror of the encoding section, but instead of max pooling, we have upsampling layers. The upsampling layers add feature maps, which help the U-Net network to have the same size in both the encoder and decoder path [25].

We double the number of layers in the encoder to add the decoder section to the architecture to complete the network. To encode the input, we combine the CNN kernels or filters with the input elements.

The kernel size is odd because we can have a central pixel in the input image and can decode the other pixels. Also, to reduce the dimensionality of the network, we use max-pooling for encoding the inputs. The reason for max pooling is to prevent overfitting the model and to reduce the computational cost. We use a max filter in max-pooling. Max filter means the maximum number of each patch of the feature map.

Also, in the implementation procedure, we skip layers with concatenation in the network. The skipped layer can be summation or concatenation. Concatenation means feeding a layer's output to another layer's input. When using a skip connection, we connect the encoder layers to the corresponding layer in the upsampling path. We also have batch normalization before we pass it to the activation function. Batch normalization makes our network more stable, and our model can learn faster due to scaling the values down to between -1 and 1.

First, we speed up the model by 2.5 times and then by 3.2 times, with 1000 epochs. Early stopping with patience 20 is considered as part of our code to stop the run process at the best epoch.

3.4.2. Evaluation

We evaluate the model with 4 metrics. The metrics are mean square error (MSE), normalized mean square error (NMSE), structural similarity index (SSIM), and peak signal-to-noise ratio (PSNR). Equation 1 shows the MSE formula [4].

\[
MSE = \frac{1}{MN} \| \hat{y}_{mn} - y_{mn} \|^2
\]  

(1)

\(y_{mn}\) is the ground truth and \(\hat{y}_{mn}\) is the reconstructed image which m and n are pixel locations, with size \(M \times N\). MSE of an image is the pixel-wised error estimation and derived from \(y_{mn}\) [4]. Equation 2 shows the NMSE formula [4].
MSE ($\mathcal{Y}_{mn}$, $\mathcal{Y}_{mn}^*$) is the MSE of the reference and the reconstructed image, and MSE ($\mathcal{Y}_{mn}, 0$) is the MSE of the reference and zero. The MSE and NMSE define the error, and the lower the MSE and NMSE, the higher the image quality.

The other metric which shows the similarities of the reference and the reconstructed images, is SSIM, and measures image similarities from brightness, structure, and contrast. Equation below shows the formula of SSIM [4].

$$
SSIM(x,y) = \frac{(2\mu_x\mu_y + C_1)(2\sigma_{xy} + C_2)}{\left(\mu_x^2 + \mu_y^2 + C_2\right)\left(\sigma_x^2 + \sigma_y^2 + C_2\right)}
$$

In this equation, $\mu_x$ and $\mu_y$ show the average in x, and average in y respectively. $\sigma_x^2$ and $\sigma_y^2$ show the variance of x and the variance of y, and $\sigma_{xy}$ shows the covariance of x and y. C1 and C2 are the stabilize variables and are constants [4].

Another metric is PSNR which measures the quality of the image. The higher the value of PSNR the higher the image quality. Equation 4 shows the formula of PSNR [4].

$$
PSNR = 10 \log \frac{x_{\text{max}}^2}{MSE}
$$

In this formula, $x_{\text{max}}$ is the maximum possible pixel value in the image and Equation 1 shows the MSE formula.

4. Experimental Result

Table 2 shows the comparison between the standard U-Net network with the proposed method at the low frequency of 8% and 20% by 4 different metrics.

<table>
<thead>
<tr>
<th>Model/Metrics</th>
<th>MSE (1e-3)</th>
<th>NMSE (1e-2)</th>
<th>SSIM (1e-1)</th>
<th>PSNR</th>
</tr>
</thead>
<tbody>
<tr>
<td>LF 8/100</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>U-Net</td>
<td>1.5</td>
<td>4.05</td>
<td>8.85</td>
<td>28.6</td>
</tr>
<tr>
<td>Proposed model</td>
<td><strong>1.4</strong></td>
<td><strong>3.78</strong></td>
<td><strong>8.90</strong></td>
<td><strong>28.9</strong></td>
</tr>
<tr>
<td>LF 20/100</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>U-Net</td>
<td>0.69</td>
<td>1.80</td>
<td>9.430</td>
<td>32.25</td>
</tr>
<tr>
<td>Proposed model</td>
<td><strong>0.68</strong></td>
<td><strong>1.75</strong></td>
<td><strong>9.432</strong></td>
<td><strong>32.25</strong></td>
</tr>
</tbody>
</table>

In MSE and NMSE, the lower the value shows, the lower the error and, consequently, the higher the image quality. The proposed model decreases the value of MSE and NMSE in both low frequencies. Also, SSIM measures image similarities in brightness, structure, and contrast. The higher the value, the higher the similarities. The comparison clearly shows that we increase the value of SSIM in the proposed method. The last metric in the table is PSNR which measures the quality of the image. The higher the value of PSNR, the higher the image quality. The value of PSNR is the same in LF of 20%, but by decreasing the low frequency, which leads to the higher
speed, the value of PSNR increases. Overall, by looking at the quantitative comparison table, we can easily conclude that the proposed model decreases the error and increases the image quality compared to the standard U-Net.

<table>
<thead>
<tr>
<th>Ground-truth image</th>
<th>U-Net model-LF 20/100 NMSE: 1.80e-2</th>
<th>Proposed model-LF 20/100 NMSE: 1.75e-2</th>
</tr>
</thead>
<tbody>
<tr>
<td>![Image A]</td>
<td>![Image B]</td>
<td>![Image C]</td>
</tr>
</tbody>
</table>

Figure 6. Reconstruction results in LF 20%.

Figure 6 shows the reconstruction results by (a) Ground truth (original), (b) U-Net and (c) proposed model with the low frequency (LF) of 20%. Big boxes show the enlarged view of the small boxes. The NMSE shows the normalized mean square error value in both models. The lower the value, the lower the error. The enlarged images and the value of NMSE show that the similarity is higher, and the error is less in the proposed model compared to the U-Net.
Figure 7. Reconstruction results in LF 8%.

Figure 7 shows the reconstruction results by (a) Ground truth (original), (b) U-Net, and (c) proposed model at various views of reconstruction. We compare these results in a low frequency (LF) of 8%. The Bottom right boxes show the enlarged view of the images, and the top right big boxes illustrate the enlarged view of the error images. The enlarged images indicate a higher similarity and less error in the proposed model than the U-Net.

In this study, we also compare the training and validation loss curves. Figure 8 shows the comparison of learning curves in both frequencies. The vertical axis shows training and
validation loss, and the horizontal axis illustrates the number of epochs. In U-Net, the validation loss is higher than the training loss in higher iterations. We conclude that the model is slightly leaning toward overfitting, especially at higher speeds. Overfitting means that the model learns the noise and details to the extent that it impacts the model’s performance on new data. In contrast, the proposed model reduces the validation loss in higher iterations compared to U-Net. The reason for the better performance in the proposed model is that by combining 5x5 convolutions with 3x3 convolutions, the model involves more multiplications. These multiplications help to extract more information from the images and result in less validation loss in the new architecture.

<table>
<thead>
<tr>
<th></th>
<th>LF 8%</th>
<th></th>
<th>LF 20%</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>U-Net</td>
<td><img src="image1.png" alt="Graph" /></td>
<td><img src="image2.png" alt="Graph" /></td>
<td><img src="image3.png" alt="Graph" /></td>
<td><img src="image4.png" alt="Graph" /></td>
</tr>
<tr>
<td>Proposed Model</td>
<td><img src="image5.png" alt="Graph" /></td>
<td><img src="image6.png" alt="Graph" /></td>
<td><img src="image7.png" alt="Graph" /></td>
<td><img src="image8.png" alt="Graph" /></td>
</tr>
</tbody>
</table>

Figure 8. Learning curves comparison.

5. CONCLUSION

One of the biggest challenges in MRI reconstruction is choosing an optimal architecture. There are many deep learning methods to reconstruct the corrupted images [8], [13]. The different size of the input images, different number of training datasets, and the computer hardware specifications can make this choice challenging [12]. In this study, we implemented the U-Net model and the Inception U-Net model using deep learning methods in MRI reconstruction and then compared these two models. The model's architecture differs in different datasets as it has a different kernel size and a different number of outputs [4]. So, when the dataset type and dimensions change, the model should be updated accordingly. The proposed model is trained for brain T2 images with 2200 datasets; however, it works for any brain dataset with the same data size.
We integrated the architecture of the standard U-Net with an inspired Inception module proposed by Google [3]. As deeper models have the probability of overfitting, we made the architecture wider instead of deeper by adding 5x5 convolutions to the blocks. The new architecture with different kernel sizes prevents overfitting than U-Net in the same speed of 3.2 times as the model can extract more information from the images. In this study, the value of MSE and NMSE are decreased by 6.7%, the value of SSIM is increased by 0.6% and the value of PSNR is increased by 1.05% compared to U-Net. In conclusion, according to the results and analytical quantification, we showed that the proposed method eliminates more folding artifacts compared to the widely used state-of-the-art U-Net. Consequently, removing more artifacts leads to better visualized images and lower reconstruction errors.

For our future work we suggest comparing the proposed methodology with more complex methods and providing more detailed theoretical analysis in order to provide insight. An alternative is to investigate the impact of adding more inception layers by adding more convolutions and max pool layers to the different blocks.

ACKNOWLEDGEMENTS.

We thank Dr. Samira Vafay Eslahi for her guidance and support throughout the project.

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