# OPTIMIZING QOS AND CONGESTION IN MANETS USING XGBOOST WITH HYBRID PSO AND BELUGA WHALE STRATEGIES

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#### **ABSTRACT**

In mobile ad hoc networks (MANETs), optimizing quality-of-service (OoS) routing is a NP-hard problem that requires effective solutions to improve crucial QoS metrics. Congestion is another major issue that has a significant impact on performance, especially at the node level. This study proposes a novel QoSaware routing framework that integrates machine learning (ml) with bio-inspired optimization to detect and mitigate node congestion in MANETs by assessing node reliability with key metrics such as queue buffer, received signal strength (RSS), residual energy (RE), bandwidth, and latency. To address the data sparsity and improve the model training, Synthetic Minority Oversampling Technique (SMOTE) has been used to expand the dataset, assuring a fair representation of the classes. Furthermore, K-means clustering has been used to generate labelled data in instances when labels were not easily available, allowing for more precise predictions. The prediction engine is based on an optimized XGBoost model, which is augmented by a synergistic mix of Particle Swarm Optimization (PSO) and the Beluga Whale Optimization Algorithm (BWOA). The results demonstrate that the suggested technique produces a higher PDR, outperforming AODV by 22% and IIWGSO-DRestNet-AODV by 2%. The throughput is increased by 60% over the AODV and 10% over the IIWGSO-DRestNet-AODV by varying pause time. Results are also proved better in terms of number of flows and number of nodes. Effectiveness of the proposed protocol has been established by comparing the results with ACO, PSO, CSO-AODV, IIWGSO-DResNet-AODV, and normal AODV protocols.

## KEYWORDS

MANET, Quality-of-service, Routing, Optimization, AODV Protocol, XGBoost

## 1. Introduction

MANETs are the foundation for flexible and decentralized communication, particularly in dynamic contexts like disaster recovery, military operations, and remote sensing. To establish connectivity in MANETs, nodes must engage indirect and multi-hop communication due to their lack of infrastructure [2,3,5,25]. However, the reliance on finite energy resources, along with frequent changes in network structure, frequently results in congestion, particularly at the node level. While channel optimization can help with link congestion, node congestion must be addressed by effectively managing critical metrics such as queue buffer, delay, and bandwidth [26].

Ensuring QoS is crucial in MANETs since it has a direct impact on data transmission efficiency and dependability. However, establishing ideal QoS is difficult due to unpredictable node mobility and fluctuating network quality, which causes increased packet loss, jitter, and end-to-end (E2E) delays. This involves the creation of adaptive routing protocols that can dynamically manage these QoS limits, ensuring consistent network performance [5].

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Optimisation techniques and ml have become critical for improving MANET efficiency. Among these, Extreme Gradient Boosting (XGBoost) excels in processing complex datasets and making precise network decisions. When combined with optimization methods, XGBoost enhances QoS significantly by optimizing routing and lowering congestion. This research presents a hybrid optimization framework that combines PSO with the BWO to improve XGBoost's performance for QoS and congestion control in MANETs. PSO provides efficient multidimensional optimization, whereas the BWO accelerates convergence and increases solution quality via cooperative foraging behaviour [27,28,29,30].

The paper's structure is as follows: Section 2 examines previous research on the creation of routing protocols in MANETs, with a focus on QoS considerations. Section 3 provides a full description of the proposed BWOA-PSO-XGBoostNet framework. Section 4 describes the simulation environment for the MANET system model, as well as the evaluation criteria. Section 5 provides the results of training, testing, and verifying the BWPSO-XGBoostNet protocol, as well as a comparative comparison of the model's performance against state-of-the-art methodologies. Section 6 contains the final remarks.

# 2. LITERATURE SURVEY

Using a dual QoS system, Bapu et al. [6] created a routing model for MANETs based on a genetic algorithm. In MANET contexts, Chandrasekaran and Selvaraj [7] designed and tested a Differential Evolution (DE) capsule network model. Hasan et al. [8] came up with a Fuzzy Logic-based Cross-Layer (FLS-CL) solution to make QoS measurements like throughput, PDR, and E2E delay better for MANET. In addition, Sucharitha and Latha built a ML model that uses K-means clustering to handle network congestion by adjusting QoS settings to make packet transmission as smooth as possible [9, 31].

Tripathia et al. devised and optimized the Optimal Routing with Node Prediction (ORNC) method for MANETs and Delay Tolerant Networks (DTNs) [10]. Vivekananda et al. introduced a Data Loss Minimization Technique (DLMT) that uses TCP to reduce packet loss in MANETs [11]. Kaushik et al. investigated the impact of ml on performance indicators in a variety of adhoc networks, including MANET and VANET, by reviewing simulator efficacy and protocol alterations [12]. Ben Chigra et al. investigated approaches for optimal MANET routing paths [13]. Chandrasekaran et al. created DeepSense, an IoT-MANET routing framework that uses mobile sensor nodes to route packets from IoT nodes [14].

Haridas and Prasath suggested a clustering model with Deep Q Learning (RoDQL) optimized by PSO for secure and efficient routing [15]. Danilchenko et al. investigated time-division multiple access (TDMA) issues in multi-hop MANETs, focusing on latency minimization [16]. Devi et al. [17] used PSO and fuzzy logic in energy-efficient clustering to increase MANET lifetime. Sarkar et al. [18] employed Ant Colony Optimization (ACO) for QoS in MANETs, while Arivarasan et al. [19] used the butterfly optimization approach for comparable aims. Singaravelan and Mariappan [20] proposed IEC-BR, an ACO-based method for improving energy efficiency and QoS in MANETs. Kumari and Sahana developed meta-heuristic techniques to improve MANET's quality-of-service (QoS) parameters [21].

Alameri and Komarkova investigated the integration of ACO with various MANET routing protocols to adapt to network topology changes while maintaining performance [22]. Subbaiah and Govinda proposed a performance model for Volunteered Computing MANET and tactile internet, with a focus on efficient buffer management and fractional data handling to optimize node performance [23]. Shafi presented the AOERP protocol, which selects Adaptive Relay

International Journal of Computer Networks & Communications (IJCNC) Vol.17, No.5, September 2025 Nodes (ARNs) based on Energy Factor and Neighbor Node Ratio (NNR) to improve routing efficiency [24]. Maros et al [25] introduced a resilient routing strategy for MANETs using decentralized blockchain technology and Deep Neural Networks (DNN). Alameri [26] suggested architecture that incorporated a memory channel into the fuzzy control system, which stores state variables such as the latest broadcast information. Tamizharasu proposed [27] to optimize cluster head (CH) selection. They considered node weights based on stability, neighborhood, energy use, distance, density, and residual energy. Muhannad Tahboush proposed [28] PEO-AODV protocol which improves AODV by using node geographic coordinates and hop count estimates to optimize routing. Tamizharasi [29] suggested a bioinspired deep residual neural network (DResNet) architecture for an effective QoS routing mechanism in MANETs. Table 1 presents a comprehensive Summary of the literature review.

Table 1. Summary of the Literature Review.

Ref No	Contribution	Limitations
[6]	Developed a Genetic Algorithm-based routing model with a dual QoS scheme for MANETs.	Limited focus on scalability and adaptability to varying network conditions.
[7]	Designed a Differential Evolution capsule network model for MANET environments.	Model complexity may affect real-time performance.
[8]	Proposed a Fuzzy Logic-based Cross-Layer solution to improve QoS in MANETs, enhancing throughput, PDR, and E2E delay.  Limited exploration of efficiency aspects.	
[9]	Developed a ML model with K-means clustering for congestion management in MANETs, optimizing QoS for packet transmission.	Focused on congestion; limited on other QoS aspects.
[10]	Proposed ORNC algorithm using neural networks for optimal routing with node prediction in MANETs and DTNs.	High computational cost due to neural network use.
[11]	Developed a Data Loss Minimization Technique using TCP to reduce packet loss in MANETs.	Focused primarily on packet loss without other QoS aspects.
[12]	Investigated ml impacts on performance in MANETs and VANETs, reviewing simulator efficacy and protocol changes.	Limited to theoretical insights without specific implementation.
[13]	Explored optimal routing approaches for MANETs.	Limited implementation and evaluation in dynamic network conditions.
[14]	Created DeepSense, an IoT-MANET routing framework with mobile sensor nodes.	Focused on IoT-MANET integration; lacks scalability in larger MANETs.
[15]	Suggested a Deep Q Learning-based clustering model optimized by PSO for secure and efficient routing.	Limited validation in real-time scenarios.
[16]	Examined TDMA issues in multi-hop MANETs, focusing on reducing latency.	Focused solely on latency minimization; lacks adaptability to changing network topology.
[17]	Used PSO and fuzzy logic for energy-efficient clustering to extend MANET lifetime.	Limited to energy efficiency without exploring QoS metrics.
[18]	Employed Ant Colony Optimization to enhance QoS in MANETs.	Scalability issues in larger networks.
[19]	Applied butterfly optimization for QoS in MANETs.	Lack of adaptability to rapid topology changes.
[20]	Proposed IEC-BR, an ACO-based method to improve energy efficiency and QoS in MANETs.	Limited validation across diverse network scenarios.
[21]	Developed meta-heuristic techniques to enhance QoS parameters in MANETs.	Focus on optimization without specific real-world tests.

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Ref No	Contribution	Limitations
[22]	Investigated ACO integration with MANET protocols for adaptive routing with changing topologies.	Limited analysis on energy efficiency aspects.
[23]	Proposed a performance model for Volunteered Computing MANET with a focus on buffer management.	Lack of focus on dynamic topology changes and scalability.
[24]	Proposed AOERP protocol that selects Adaptive Relay Nodes (ARNs) based on Energy Factor and Neighbor Node Ratio (NNR) to enhance routing efficiency. Utilizes pheromone values to determine optimal paths, considering stability, link expiration, congestion, and hop count.	Limited analysis of performance in high mobility or dense network environments.
[25]	Introduced a resilient routing strategy using decentralized blockchain and DNN, modifying R-AODV and R-OLSR.	Complexity due to blockchain integration; possible overhead concerns.
[26]	Suggested an architecture with a memory channel in the fuzzy control system, storing recent broadcast information as state variables. Uses fuzzy rules and defuzzification to decide on forwarding packets based on node energy and previous broadcasts.	May increase complexity and overhead due to maintaining historical state information.
[27]	Developed a CH selection model using node weights (stability, energy, etc.), integrated with APSO-AODV for connection break detection.	Limited to cluster-based routing scenarios.
[28]	Proposed PEO-AODV, optimizing AODV routing by using geographic coordinates and hop count for energy efficiency.	Limited to GPS-based location awareness.
[29]	Suggested a bio-inspired DResNet model for QoS routing, using IIWGSO optimization with AODV for MANETs.	Limited dataset for model training; potential over-fitting issues.

From the rigorous literature review, it is clear that key difficulty of MANETs is to maintain good QoS under dynamic conditions. Existing routing methods frequently struggle with congestion detection, dependability evaluation, and effective routing in these dynamic settings. Furthermore, many systems fail to address data sparsity and imbalance in node behaviour, which might impair the efficacy of ml models used for prediction. Some of the major challenges are given below.

- Congestion Detection and Mitigation
- Data Sparsity and Imbalanced Datasets
- Model Performance Optimization
- Adaptability and Efficiency in Dynamic Environments
- End-to-End QoS Optimization

This study presents a novel BWPSO-XGBoost-AODV framework for dynamic congestion detection and mitigation. The proposed solution tackles significant constraints in existing protocols, resulting in strong network performance across all QoS parameters. The key objectives of this research are to build a unique QoS routing protocol for MANETs by integrating a bio-inspired optimization technique with a deep residual neural network. Specifically, the objectives include:

- 1) Designing a bio-inspired hybrid BWOA and PSO algorithm tailored to boost QoS factors such as delay, packet loss, throughput, and energy efficiency in MANETs.
- 2) Developing a ML model capable of generating optimal routing paths that satisfy QoS criteria, even with insufficient training data.
- 3) Combining the BWOA and PSO algorithm with the XGBoost model to develop an effective hybrid framework that can reliably anticipate and pick optimal routes.

- 4) Incorporating the hybrid model into the AODV routing protocol to increase routing efficiency, decrease overhead, and extend network lifetime.
- 5) Analysing the computational complexity of the suggested model to demonstrate its efficiency and efficacy compared to existing routing strategies.

#### 3. WORK METHODOLOGY

This research focuses on developing a congestion-aware mechanism to enhance the AODV routing protocol and ensure efficient data transmission in dynamic networks. Figure 1 depicts the overall architecture of the proposed protocol. The process begins with the application of AODV protocol, which initiates route discovery and calculates node reliability using the Analytic Hierarchy Process (AHP) to assign weights to reliability metrics. A node reliability formula is then used to generate reliability values, which are used to update the routing table. K-Means clustering is used to detect congested and non-congested nodes, which is then balanced using SMOTE to rectify any data imbalance. The reliability properties are then fine-tuned using a hybrid optimization technique that combines BWOA and PSO.

The optimized attributes are then utilized to build an XGBoost classifier that predicts congestion. Based on the forecast, non-congested nodes are used for dependable data transmission, whereas congested nodes are identified and their paths are abandoned. This method ensures efficient, congestion-aware routing in dynamic network situations.

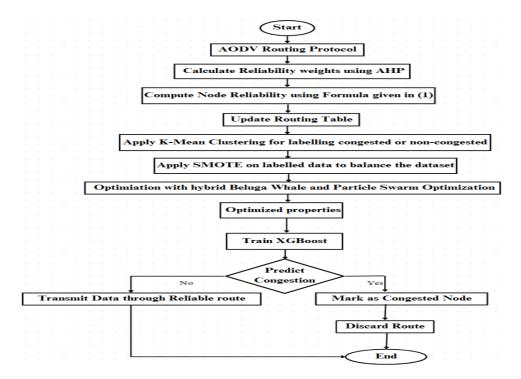


Figure 1. Flow chart of the proposed algorithm

# 3.1. AODV Routing Protocol

The routing problem in MANET is inherently complex and often modelled as an NP-hard problem. Traditional AODV protocols operate by broadcasting route request packets during the route discovery phase, which can lead to congestion and inefficiencies, especially in dynamic environments characterized by frequent node mobility and limited energy resources. AODV protocol operates by establishing routes on demand, allowing nodes to dynamically discover

International Journal of Computer Networks & Communications (IJCNC) Vol.17, No.5, September 2025 paths as needed. When a source node wishes to communicate with a destination node, it transmits an RREQ packet across the network. Intermediate nodes that get the RREQ will note the address of the node that issued the request and continue forwarding the packet until it reaches the destination node [2, 3, 5]. After receiving the RREQ, the destination node sends back an RREP packet with information about the reverse path to the source. Figure 2 depicts the route discovery process from source node S to destination node D.

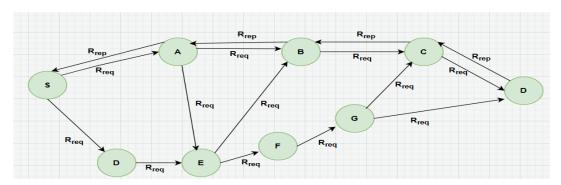


Figure 2. Working of the AODV routing protocol

The AODV routing protocol is described through the following algorithm 1

## Algorithm 1: Working of the AODV routing protocol

**Inputs:** Source node (S<sub>n</sub>), Destination node (D<sub>n</sub>)

Output: final destination route

- 1. Initialize an empty route list, set  $S_n$  as the first route node
- 2. Set Hop Count (H<sub>c</sub>) to 0
- 3. Create an  $R_{\text{REQ}}$  message including  $S_n$ ,  $H_c$ , and  $D_n$
- 4. While D<sub>n</sub> is not reached
  - 5.Broadcast  $R_{\text{REQ}}$  from the current route node to neighboring nodes
  - 6.Record H<sub>c</sub>
  - 7. For each neighbor node receiving the R<sub>REQ</sub>:
  - 8. If the neighbour node matches D<sub>n</sub>:
    - 9. Update route to include D<sub>n</sub>
    - 10. Send R<sub>REP</sub> back to S<sub>n</sub> with H<sub>c</sub> set to 1
  - 11. Exit loop
    - 12. If no match:
- 13. Update route to include the neighbor node
- 14. Send R<sub>REP</sub> to S<sub>n</sub> with H<sub>c</sub> set to 1
- 15. Continue to next node
- 16. Collect all discovered routes (R<sub>1</sub>, R<sub>2</sub>, R<sub>3</sub>, ..., R<sub>n</sub>)
- 17. For each route R<sub>i</sub>:
- 18. Calculate distance from S<sub>n</sub> to D<sub>n</sub>
- 19. Select the route with the minimum distance as the final destination route (D<sub>r</sub>)
- 20. Return  $D_R$  as the most efficient route from  $S_n$  to  $D_n$
- 21. End

The algorithm (1) illustrates how the AODV routing protocol works by dynamically identifying the most effective path between a source node ( $S_{rc}$ ) and a destination node ( $D_{es}$ ). The process begins with the establishment of an empty route list, with the source node as the first node on the route. Simultaneously, the hop count, which measures the number of hops between nodes during route discovery, is reset to zero. A  $R_{REQ}$  message is then generated, which includes the source node, destination node, and current hop count. This  $R_{REQ}$  acts as the starting point for

International Journal of Computer Networks & Communications (IJCNC) Vol.17, No.5, September 2025 broadcasting the route discovery request. During each stage, the protocol updates and tracks the hop count while broadcasting the R<sub>REQ</sub> from the current node to all adjacent nodes. Each node in the surrounding network processes the R<sub>REQ</sub> using two criteria. When a nearby node (D<sub>es</sub>). matches the destination node, it is added to the path. This step indicates a successful route discovery by returning a R<sub>REP</sub> message to the source node with a hop count of one. The loop then breaks. However, if the neighbor node does not match the destination node, the route is adjusted to incorporate it. Following that, a R<sub>REP</sub> is sent back to the source node with a hop count of one, and the procedure is repeated for the next surrounding node. After identifying all routes from the source to the destination, the total distance between each route is calculated, and the shortest route is chosen as the final destination path [24]. This ideal path provides effective data transmission by reducing delay and increasing reliability. The AODV protocol allows for efficient route discovery and consistent performance in dynamic, resource-constrained networks by dynamically updating the route database.

#### 3.2. Modified AODV

The AODV protocol was modified to compute the parameters listed in the Table 2 for detecting and reducing congestion in the proposed BWPSO-AODV routing protocol.

Tal	ble 2. Definitions of parameters used to assess congestion.
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S.	Parameter	Definition	
No			
1.	Received Signal	Received Signal Strength denotes the power level at which a node acquires a	
	Strength	signal from a transmitting node, generally measured in dBm.	
2.	Residual Energy	Residual energy assesses a mobile node's remaining battery capacity, which	
		has a direct impact on network endurance and the possibility of long-term	
		communication pathways.	
3.	Queue Buffer	The queue buffer occupancy metric measures a node's load by calculating the	
		percentage of the buffer occupied for awaiting packets, which serves as a	
		congestion indicator.	
4.	Delay	In AODV, delay refers to the total time it takes for packets to transit from	
		source to destination via many hops, including all processing, transmission,	
		and queuing delays.	
5.	Bandwidth	Bandwidth is the highest attainable data rate over a link between two nodes,	
		typically measured in Mbps, and it reflects the channel capacity available fo	
		transmission.	
6	Routing Load	Routing load is the ratio of control packets (RREQ, RREP, and RERR in	
		AODV) to successfully delivered data packets, which indicates the protoco	
		overhead and route management efficiency.	
7	Hop Count	Hop count is the total number of intermediary nodes that a packet passes	
		through on its way from the source to the destination, and it serves as a	
		simple indicator for route length.	

During the route discovery process, the model assesses each of the multiple paths for a reliability score using these parameters and ensures that the protocol adaptively selects the most reliable path and significantly improves the data packet delivery while minimizing delays. Once the source node receives the RREP, it initiates the assessment of various parameters needed to assess the reliability of the established route. These parameters include Source (src) and Destination (dest) to identify the communicating nodes, Queue Buffer (queue\_buffer) to represent the current number of packets in the node's queue for congestion assessment, Delay (delay) to measure the time taken for packets to traverse the network, Bandwidth (bandwidth) to indicate the available capacity for data transmission, Routing Load (routing\_load) reflecting the current load on the routing protocol, Residual Energy (residual energy) for maintaining

International Journal of Computer Networks & Communications (IJCNC) Vol.17, No.5, September 2025 network longevity, Received Signal Strength (received\_signal\_strength) to indicate connection quality, and Hop Count (hop\_count) representing the number of nodes the data packet must traverse. The reliability (rel) is calculated using the following equation 1:

$$rel = w1 * Q_{cal} + w2 * RSS_{cal} + w3 * RE_{cal} + w4 * Dw_{cal} + w5 * Bw_{cal}$$
 (1)

where,

 $Q_{cal} = 1$ -queue\_length/max\_queue\_length

RSS<sub>cal</sub> = 1- received\_signal\_strength/max\_received\_signal\_strength

 $RE_{cal} = residual\_energy/max\_residual\_energy$ 

 $B_{wcal} = bandwidth/max bandwidth$ 

 $D_{weal} = 1 - delay/max_delay$ 

And w<sub>1</sub>, w<sub>2</sub>, w<sub>3</sub>, w<sub>4</sub>, w<sub>5</sub> are the weights assigned to various parameters.

The formula emphasizes minimizing negative impacts on reliability by incorporating factors such as queue length and routing load, while simultaneously maximizing the benefits derived from residual energy, bandwidth, and delay. Weight values are calculated through the AHP technique that adjusts the influence of its corresponding parameter on the overall reliability score, allowing for tailored optimization based on specific network conditions and objectives.

#### 3.2.1. Analytic Hierarchy Process

AHP is a Multi-Criteria Decision Making (MCDM) technique for structuring and analysing complicated decision issues. It organizes the problem in three levels: goal, criteria, and alternatives. AHP uses pairwise comparisons to assign numerical weights to criteria and alternatives based on their relative importance.

#### 3.2.2. K- Means Clustering

K-Means clustering is unsupervised ml method used to group nodes in MANET routing protocols based on similarities metrics such as queue buffer, signal intensity, residual energy, delay, and bandwidth. Creating clusters makes it easier to select dependable nodes and routes, improving QoS and maintaining stability, particularly in dense network situations.

#### **3.2.3. SMOTE**

SMOTE is an oversampling method for balancing datasets that generates synthetic samples for minority classes. This is especially useful when training ml models to predict node reliability in MANETs, where data can be skewed, resulting in incorrect predictions for less common but essential cases of poor reliability or high vulnerability nodes. Using SMOTE, can increase the model's sensitivity to under -represented reliability circumstances, allowing for more robust categorization in security-focused applications like detecting potential Black Hole and Gray Hole assaults in MANETs.

## 3.3. Hybrid Beluga Whale and Particle Swarm optimization (BWOA-PSO)

The Hybrid BWOA-PSO Algorithm combines the benefits of two optimization techniques namely BWOA and PSO to identify the best route in a network that minimizes time while increasing dependability. This hybrid strategy uses BWOA's global exploration capabilities and PSO's local refining power to efficiently search the solution space. The method begins by creating a population of particles with random locations and velocities. These particles show

International Journal of Computer Networks & Communications (IJCNC) Vol.17, No.5, September 2025 various possible pathways from source to destination. Each particle's position correlates to a unique route configuration that may be assessed in terms of network performance. The hybrid BWOA-PSO is described in algorithm 2.

### Algorithm 2: Pseudo-code of hybrid BWOA-PSO Algorithm

**Inputs:** Number of nodes, population size,  $\alpha$ ,  $\beta$ ,  $\gamma$ , queue\_buffer, delay, bandwidth, routing\_load, residual\_energy, received\_signal\_strength, hop\_count, reliability

Output: optimized properties in terms of delay and reliability

- 1. Initialize population of particles with random positions and velocities
- 2. Define weights  $\alpha$ ,  $\beta$ ,  $\gamma$  for delay, congestion (queue buffer), and reliability
- 3. Apply BWOA to explore the solution space
- 4. For each particle
- 5. Evaluate its fitness using the fitness function
- 6. fitness(route) =  $\alpha$  \* delay +  $\beta$  \* queue\_buffer +  $\gamma$  \* (1 reliability)
- 7. Track the best position for each particle ( $p_{best}$ )
- 8. Track the global best position (9best)
- 9. Apply BWOA update
- 10.  $\delta = \text{adapt step size} (g_{best}, pos_t)$
- $11.pos_{t+1} = pos_{t+1} + \delta * random(Dir_{best-}pos_{t})$
- 12. Update particle position:  $pos_t = pos_{t+1}$
- 13. Switch to PSO for local exploitation
- 14. For each particle
- 15. Evaluate its fitness using the fitness function
- 16. Update *Phest*if current fitness is better
- 17. Update 9 bestif current fitness is better
- 18. Apply PSO update
- 19.  $v = w * v + c1 * r1 * (p_{best} pos_t) + c2 * r2 * (g_{best} pos_t)$
- 20.  $pos_{t+1} = pos_{t+1}$
- 21. If termination criteria met (max iterations or optimal solution)
- 22. stop the loop
- 23. Return gbestas the optimized route

In the initial step of optimization, the BWOA is used for global exploration. BWOA simulates beluga whale behaviour in nature to explore the search space by transporting particles to promising places. Each particle's fitness is assessed, and the best position discovered by each particle is saved as its personal best, but the global best position is tracked throughout the entire population. The particles are then updated with an adjustable step size, allowing them to explore areas with minimal congestion and great reliability. BWOA's updating method ensures that particles move in a way that stimulates the finding of new solutions while avoiding local minima. Here, each solution (particle) represents a potential route across nodes in the MANET. Congestion-related metrics for each node are encoded as attributes such as Delay (Del<sub>i)</sub> and Available bandwidth (Ban<sub>i</sub>) for evaluating fitness. Fitness function used for congestion minimization evaluates the congestion level (Con<sub>t</sub>) for each route (r), combining node metrics using equation (2).

$$Con_r = \sum_{i \in r} \alpha * Nor Del_i + \beta * Nor Ban_i$$
 (2)

International Journal of Computer Networks & Communications (IJCNC) Vol.17, No.5, September 2025 Where Normalised delay (NorDel<sub>i</sub>) and Normalized bandwidth (NorBan<sub>i</sub>) bring them to a comparable scale and  $\alpha$ ,  $\beta$  such that  $\alpha + \beta = 1$ , are the weights for normalized delay, and normalized bandwidth respectively. BWOA update takes place by emulating the movement of beluga whales, particles adapt based on their distance from low-congestion paths. Adaptive step size  $\delta$  directs the position update towards the most promising congestion-efficient path using equation (3).

$$pos_{t+1} = pos_t + \delta * Random(Dir_{best} - pos_t)$$
(3)

Here, *Dir<sub>best</sub>* represents the route with the least congestion, promoting adaptive exploration when far from optimal solutions.

Subsequent to the exploration phase using BWOA, the algorithm transitions to PSO for the local exploitation. PSO is used to improve the solutions discovered by BWOA where the position of each particle is updated using its individual best solution as well as the global best solution discovered during the exploration phase. The update is regulated by a velocity equation that includes an inertia component (to maintain some earlier momentum) and two acceleration terms that pull the particle toward its personal and global optimal solutions. In the PSOA update process, each particle (route) is influenced by its personal best ( $p_{best}$ ) and the global best ( $p_{best}$ ) positions, with the velocity adjusted using equation (4).

$$v_{t+1} = w * v_t + c_1 * r_1 * (p_{best} - pos_t) + c_2 * r_2 * (g_{best} - pos_t)$$
(4)

This enables PSO to better leverage the interesting areas identified by BWOA and converge on the best route. The algorithm continues to go through the PSO update process, evaluating each particle's fitness, updating its personal and global best positions, and refining the particle positions until the termination criteria are reached. The algorithm continues until it reaches a specified threshold for congestion minimization or a maximum number of iterations, identifying an optimal route that minimizes congestion across the MANET.

These objectives could include accomplishing a set maximum number of repeats or finding an ideal solution that minimizes time while increasing reliability. Once the termination requirements are met, the algorithm delivers the global best position as the optimized route, which is the most reliable and efficient path given the network parameters. In summary, the Hybrid BWOA-PSO Algorithm combines the advantages of global exploration (by BWOA) and local exploitation (via PSO), resulting in an efficient and resilient search for the optimal route. This hybrid methodology gives a balanced and comprehensive solution to the complex multi-objective optimization problem of decreasing delay while optimizing dependability in network routing.

# 3.4. Proposed Hybrid Bwpso-Xgboost-Aodv Routing Algorithm

This solution mixes the bio-inspired optimization BWOA and PSO algorithm with the XGBoost model, enabling both components to work collaboratively towards the objective of improving routing pathways and enhancing QoS measures. The optimization process trains and fine-tunes the ML model, while the neural network leverages the optimized weights to predict the optimum routing patterns, exhibiting a cooperative interaction between bio-inspired optimization and ML components.

#### 3.4.1. The XGBoost Model

The extreme Gradient Boosting (XGBoost) model is designed with gradient boosting tree blocks, tree regularization functions, and a linear booster that optimizes for minimized error and enhanced interpretability. The objective function is designed to evaluate the routing performance based on characteristics such as PDR, delay, residual energy, and bandwidth. The goal is to maximize network dependability and throughput while minimizing delay and energy usage. At each iteration, the algorithm adjusts the hyperparameters and the quality of each solution is determined based on its objective function.

#### 3.4.2. The Proposed Hybrid Approach

This hybrid combines BWO and PSO with the high-performance XGBoost classifier, resulting in a system capable of managing complicated data structures and boosting prediction accuracy under dynamic network settings. BWPSO-XGBoost-AODV, which is built into the AODV protocol, solves key QoS metrics including dependability, latency, and bandwidth efficiency while responding to the needs of MANET environments with high node mobility. The approach uses K-means clustering to classify sparse data points as congested or non-congested based on important network parameters like Queue Buffer and Signal Strength with an aim to improve prediction precision and allowing for more precise routing decisions.

To address the class imbalance problem, particularly the minority of "congested" nodes, SMOTE technique, which generates synthetic samples to balance the data set is used. This preprocessing step ensures that the XGBoost classifier remains impartial and works accurately in both congested and uncongested conditions. Furthermore, the combination of BWO and PSO enhances the XGBoost hyper-parameters like learning rate, estimators, and maximum depth by using BWO's exploration through simulated hunting behaviour and PSO's swarm intelligence principles. This layered optimization increases the model's adaptability to shifting network dynamics. Finally, the suggested model is simulated in NS2, with parameters including residual energy, hop count, and routing information given into the BWPSO-XGBoost-AODV algorithm. This system provides an accurate, balanced, and QoS-driven approach to MANET congestion prediction and routing optimization. Algorithm 3 is the complete pseudo code of proposed BWPSO-XGBoost-AODV Algorithm.

## Algorithm 3: Pseudo-code of proposed BWPSO-XGBoost-AODV Algorithm

**Input:** Node metrics: queue buffer  $(Q_{cal})$ , received signal strength  $(RSS_{cal})$ , residual energy  $(RE_{cal})$ , delay  $(Dw_{cal})$ , bandwidth  $(Bw_{cal})$ 

Output: Optimized congestion-free routes

- 1. Initialize AODV Routing Protocol
- 2. Calculate routing tables for node communication
- 3. Calculate Reliability Weights Using AHP
- 4. Define criteria for AHP (e.g., Queue Buffer, RSS, Residual Energy, Delay, Bandwidth)
- 5. Compute weights for each criterion
- 6. Update node reliability using the computed formula:
- 7. Reliability =  $(w1 * Queue\_Buffer) + (w2 * RSS) + ... (wn * Bandwidth)$
- 8. Compute Node Reliability
- 9. For each node:
- 10. Calculate reliability score using the formula
- 11. Update routing table with reliability values
- 12. Apply KMeans Clustering
- 13. Perform KMeans clustering on reliability scores
- 14. Cluster 0: Non-congested

- 15. Cluster 1: Congested
- 16. If cluster\_centers [0][0] > cluster\_centers [1][0]
- 17. Swap cluster labels to correctly assign congested and non-congested routes
- 18. Handle Data Imbalance with SMOTE
- 19. Check class distribution in congested and non-congested routes
- 20. If imbalance exists:
- 21. Apply SMOTE to oversample minority class
- 22. Hybrid Optimization with WOA and PSO
- 23. Define objective\_function to optimize:
- 24. Learning rate, max depth, number of estimators
- 25. Initialize WOA and PSO with:
- 26. Number of agents/particles = 10
- 27. Max iterations = 10
- 28. Optimize hyperparameters using WOA and PSO
- 29. Store best parameters from both optimization methods
- 30. Train XGBoost Model
- 31. Train XGBoost model with optimized parameters on reliability data
- 32. Predict Congestion
- 33. Predict congestion for routes- Non-congested (Reliable) and Congested (Unreliable)
- 34. Transmit Data Through Reliable Routes
- 35. For each route:
- 36. If route is predicted as non-congested:
- 37. Transmit data through the route
- 38. Else
- 39. Mark route as congested and discard it
- 40. End

#### 4. EXPERIMENTAL SETUP AND ENVIRONMENT

In this study, the basic AODV routing protocol is supplemented with a novel BWPSO-XGBoost-AODV routing algorithm intended to improve QoS in MANETs. The suggested approach is created, trained, analysed, and validated with Python 2024 and the NS2 simulator within the MANET environment [1]. The NS2 simulator simulates the MANET environment by creating datasets containing parameters such as residual energy, received signal strength, queue buffer, bandwidth, delay, and hop count. These measurements are used to calculate reliability, which is fed as input into the BWPSO-XGBoost algorithm implemented in Python 2024.

The protocol's scalability and mobility are tested within a 250-m communication radius and two-ray ground propagation model for large distances with simulation time of 50 seconds and 10, 20, 30, 40, 50, 60, 70, 80, 90 and 100 nodes. The interface's queue may hold up to 512 packets and uses the IEEE 802.11 MAC layer protocol. A random waypoint mobility model randomly assigns nodes from source to destination [4]. CBR flow rates are used for traffic with packet sizes 512, 1000, or 1500 bytes. Packet queue length is taken as 50. Table 3 gives various simulation parameters considered during network simulation.

International Journal of Computer Networks & Communications (IJCNC) Vol.17, No.5, September 2025 Table 3. Simulation parameters

Simulator	NS2	
Simulation Area	500*500	
Traffic Type	CBR	
Propagation Model	Two Ray Ground	
Mobility Model	Random Waypoint Model	
Antenna	Omni Antenna	
MAC Type	IEEE 802.11	
Queue length	50	
Data Packet Size	512 bytes	
No of Nodes	10, 20, 30, 40, 50, 60, 70, 80, 90, 100	
Initial Energy	50J	
Simulation Time	50 seconds	
No. of flows	4-8 within interval of 1	
Pause Time	5.0 seconds	
Transmission power	1 watt	
Sleep power	0.3 watts	

# 4.1. Evaluation Criteria

QoS parameters are a set of measurements and qualities that define and measure a network's performance features, such as throughput, end-to-end delay, jitter, packet delivery ratio, and network overhead. Table 4 describes the various QoS parameters addressed in this study.

Table 4. Description of the QoS Parameters

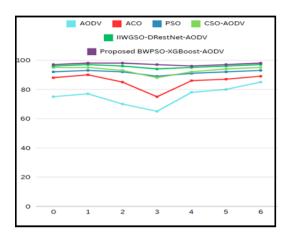
S. No	Parameter	Definition	Formula
1.	Packet Delivery Ratio	It is a measure that estimates the proportion of data packets successfully transported to their intended destinations compared to the total number of packets sent.	$PDR = \frac{\sum_{j=1}^{N} Received_{pkt}}{\sum_{k=1}^{N} Source_{pkt}} * 100$
2.	Throughput	The metric is frequently defined as the rate of data transmission received by a node within a given time period, which is typically measured in bits per second (bps) or bytes per second.	$Th = \frac{Received_{byt} * 8}{Simulation_{time} * 1024} * 100$
3.	End to End Delay	The term end-to-end delay refers to the whole time it takes for a data packet to travel from its origin to its destination, including transmission, propagation, and network processing delays.	$Del(k) = receive\_time_k - send\_time_k$
4.	Normalized Routing Load	To calculate the normalized routing load, divide the total number of routing control packets sent by all nodes by the total number of data packets received by the destination nodes.	$NRL = \frac{\sum_{j=1}^{N} sent_{pkt}}{\sum_{k=1}^{N} destination_{pkt}}$
5.	Jitter	Jitter is the difference in time between packets arriving at their destination. It can be caused by network congestion, route modifications, or other network disruptions in a MANET system.	$Jitter = \max(\Delta t_k) - \min(\Delta t_k)$

## 5. RESULTS AND DISCUSSIONS

The NS2 simulator and Python 2024 have been used for the implementation of the proposed BWPSO-XGBoost-AODV technique of routing in MANET environment. AODV protocol has been used for routing and other protocols namely AODV, ACO, PSO, PSO-AODV, IIWGSO-DResNet-AODV [29] have been used for comparison with the proposed BWPSO-XGBoost-AODV protocol. Comparison has been done under three different scenarios by varying pause time, number of nodes and number of flows. Results of comparison are shown in the subsections 6.1, 6.2 and 6.3.

#### 5.1. Impact of Varying Pause Time

Here, a random waypoint mobility model is used, with the pause time ranging from 0 to 6 ns while keeping other parameters constant. Table 1 describes the simulation environment with a fixed number of data flows set to as 5. Given the network's dynamic nature, the proposed technique has a significant impact on node mobility across multiple QoS metrics. Figure 3, Figure 4, Figure 5, and Figure 6 show results of comparison on PDR, throughput, overhead and delay respectively on varying pause time. The results demonstrate that the proposed technique produces a much higher PDR, outperforming AODV by 22% and IIWGSO-DRestNet-AODV by 2%, indicating robust performance even under high mobility situations. The rise in PDR is due to routing RREP packets through nodes with appropriate fitness values, which are defined by critical factors such as queue buffer (to avoid congestion), RSS (to ensure strong connectivity), residual energy (to prevent route breaks), bandwidth (to minimize congestion), and latency (to reduce delays). Prioritizing such nodes enables efficient routing, lowers packet loss, and increases delivery success. Similarly, throughput is considerably increased by 60% over AODV and 10% above IIWGSO-DRestNet-AODV. However, it varies with mobility due to the network's dynamic nature. Figure 5 depicts reduced routing overhead, with a 12% decrease from AODV and a 4% decrease from IIWGSO-DRestNet-AODV. This increase is attributed to the path selection based on computed fitness values rather than the shortest path, which normally risks congestion and packet loss. Finally, Figure 6 shows reduced latency as the congestion-free paths are picked by R<sub>RPLY</sub> packets. Thus, the overall findings show that the proposed protocol can effectively accommodate high-mobility scenarios in MANETs.



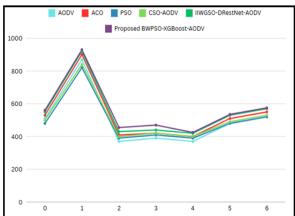
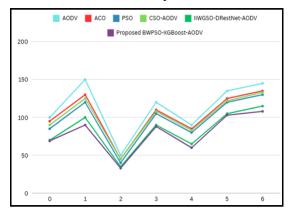


Figure 3. PDR vs Pause Time

Figure 4. Throughput vs Pause Time



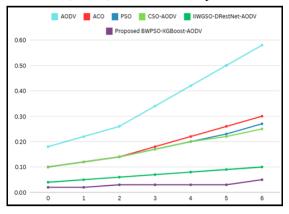


Figure 5. Overhead vs Pause Time

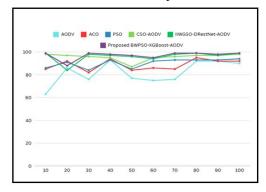
Figure 6. Delay vs Pause Time

#### 5.2. Impact of Varying Number of Nodes

Scalability testing of the BWPSO-XGBoost-AODV algorithm is conducted by varying node count from 10 to 100and keeping pause time and number of flows as constant. Figure 7 shows that the PDR of the proposed protocol is 15% and 1% higher than the traditional AODV and IIWGSO-DRestNet-AODV respectively, indicating increased reliability of data delivery as the network capacity expands. Similarly, Figure 8 shows that the proposed protocol achieves 60% and 10% higher throughput and IIWGSO-DRestNet-AODV respectively, implying that it can accommodate increased data traffic in scalable networks.

Figure 9 shows a significant reduction of 60% in routing overhead for the proposed protocol as compared to normal AODV and a 1% compared to IIWGSO-DRestNet-AODV. This reduction is related to the updated R<sub>REPLY</sub> mechanism, which finds optimized pathways more effectively. Other protocols such as ACO, PSO, and CSO-AODV have higher overhead than BWPSO-XGBoost-AODV proving its advantage in lowering routing complexity. Figure 11 demonstrates that BWPSO-XGBoost-AODV has the lowest jitter value than the other protocols including ACO, PSO, CSO-AODV, IIWGSO-DRestNet-AODV, and conventional AODV, indicating its consistent packet transmission rates. However, Figure 10 shows that CSO-AODV has the shortest end-to-end time among all protocols.

The combined investigation of high-mobility and scalability reveal that the BWPSO-XGBoost-AODV protocol outperforms competing protocols like AODV, ACO, PSO, CSO-AODV, and IIWGSO-DRestNet-AODV, in almost important metrics such as PDR, throughput, routing overhead, and jitter. These improvements demonstrate that BWPSO-XGBoost-AODV is well-suited to dynamic and large-scale MANET systems, providing consistent QoS and dependability under changing network conditions.



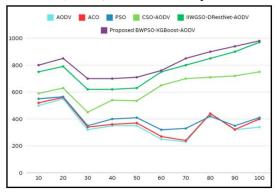
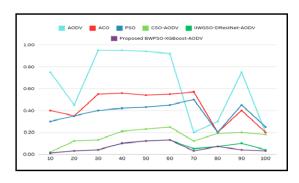


Figure 7. PDR vs Number of Nodes

Figure 8. Throughput vs Number of Nodes



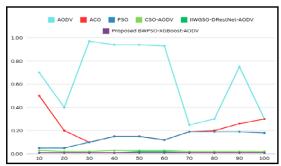


Figure 9. Overhead vs Number of Nodes

Figure 10. Delay vs Number of Nodes

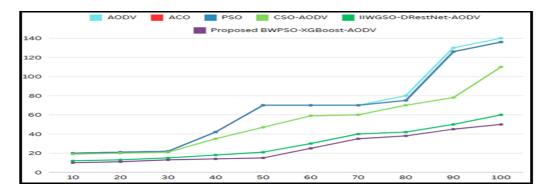


Figure 11. Jitter vs Number of Nodes

# 5.3. Impact of Varying Number of Flows

To assess the effect of congestion on the performance of the proposed BWPSO-XGBoost-AODV protocol, simulations were run by varying traffic flows from from 4 to 8, while keeping the number of nodes and mobility level constant. As illustrated in Figure 12, the proposed protocol's PDR remains higher, with a 30% increase over traditional AODV and a 15% increase over IIWGSO-DRestNet-AODV. Improved PDR demonstrates the protocol's capacity to successfully handle congestion, which may cause packet drops and delays when utilizing standard shortest-path routing approaches. This increase is attributed to the BWPSO-XGBoost-AODV protocol's fitness-based route selection that dynamically examines characteristics such as queue buffer, RSS, residual energy, bandwidth, and latency, allowing it to identify paths with lower congestion risk. On the other hand, competing methods, such as ACO, PSO, CSO-

International Journal of Computer Networks & Communications (IJCNC) Vol.17, No.5, September 2025 AODV, and IIWGSO-DRestNet-AODV, exhibit decreased performance during congestion due to their reliance on less adaptive path selection algorithms.

The proposed protocol also increases throughput, as seen in Figures 13. Furthermore, Figures 14 and 15 show considerable reduction in the delay and routing overhead, demonstrating the protocol's ability to maintain QoS under congestion conditions. Thus, overall, the results demonstrate that BWPSO-XGBoost-AODV outperforms ACO, PSO, CSO-AODV, IIWGSO-DRestNet-AODV, and the original AODV protocol, giving better performance in MANET environments with high congestion, including military and emergency response scenarios.

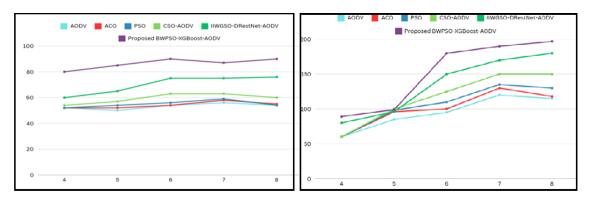


Figure 12. PDR vs Number of Flows

Figure 13. Throughput vs Number of Flows

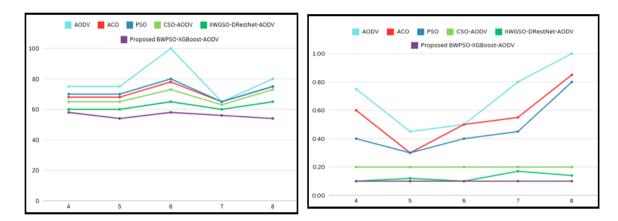


Figure 14. Overhead vs Number of Flows Figure 15. Delay vs Number of Flows

- 1) **Quantitative Comparison:** A thorough performance evaluation has been incorporated in Discussion section-6, wherein we compare our model with the standard AODV and other established improved methods. Metrics including PDR, latency, throughput, jitter, and overhead are illustrated in graphical representations.
- 2) **QoS Enhancement:** The findings indicate that the suggested model markedly enhances QoS by sustaining elevated PDR and reduced latency, especially in high-mobility and high-density contexts.
- 3) **Congestion Control:** Our model integrates buffer occupancy, residual energy, and bandwidth awareness to circumvent congested pathways. This adaptive decision-making demonstrates a reduction in packet loss and latency, signifying efficient congestion management.

4) **Routing Efficiency:** The suggested hybrid method includes fuzzy logic and optimization techniques, enabling it to find more dependable and stable routes. The model exhibits a significant decrease in routing overhead relative to traditional protocols.

## 6. CONCLUSIONS AND FUTURE SCOPE

This study describes BWPSO-XGBoost-AODV routing algorithm, which combines BWPSO and Particle PSO with the conventional AODV protocol to improve QoS MANETs. The algorithm improves routing decisions based on dynamic network conditions by combining the exploration capabilities of BWPSO and the optimization powers of PSO. Findings show that BWPSO-XGBoost-AODV outperforms other protocols, including ACO, PSO, CSO-AODV, IIWGSO-DRestNet-AODV, and simple AODV. It significantly improves the key QoS parameters such as mobility adaptability, scalability, and congestion control, resulting in greater data delivery rates and more consistent network performance even in highly mobile and unpredictable contexts.

Future efforts will focus on improving the security of BWPSO-XGBoost-AODV protocol by addressing vulnerabilities such as black hole and gray hole attacks, which can disrupt data transfer and jeopardize network resilience. By incorporating robust security mechanisms such as trust-based evaluations or anomaly detection, the protocol can improve its stability and resilience, allowing for secure and efficient communication under variety of scenarios. These upgrades will make BWPSO-XGBoost-AODV a dependable alternative for MANETs in applications that demand both high QoS and secure, robust connections, in critical scenarios such as military and emergency response applications.

#### **CONFLICT OF INTEREST**

The authors declare no conflict of interest.

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